# Choppy Waters Overcoming the Challenges of Behavioral Health Integration

#### A Discussion with:

#### **Alisha Albertson**

Deputy Chief Quality Officer-FQHC Compass Health Network

#### **Andrea Cuneio**

Vice President of EHR solutions Compass Health Network

#### **Natalie Dykman**

Compliance & Value Based Programs Manager Missouri Primary Care Association

#### **Tara Crawford**

VP of Clinical Operations

Missouri Behavioral Health Council

#### **Julie Hiett**

VP & GM, Population Health Netsmart

#### **LuAnn Kimker RN MSN**

SVP of Clinical Innovation Azara Healthcare

#### **Emma Knapp**

Clinical Improvement Specialist Azara Healthcare



azara2024
USER CONFERENCE APR 30-MAY 2 | BOSTON, MA

# Panelists





Andrea Cuneio
Vice President of EHR solutions
Compass Health
Network



Alisha Albertson
Deputy Chief Quality
Officer-FQHC
Compass Health
Network



Natalie Dykman, MPH
Compliance & Value
Based Programs
Manager
Missouri Primary Care
Association



Tara Crawford

VP of Clinical Operations

Missouri Behavioral
Health Council



Julie Hiett, MSW
VP & GM, Population
Health
Netsmart

# Azara Healthcare





**LuAnn Kimker, RN MSN**SVP of Clinical Innovation,
Clinical Transformation



Emma Knapp, MPH
Clinical Improvement
Specialist,
Clinical Transformation

# Agenda



#### **BEHAVIORAL HEALTH INTEGRATION**

The challenges and opportunities

THE PLAYERS: A PCA PERSPECTIVE

Missouri PCA

THE PLAYERS: AN FQ - CCBHC - CMH PERSPECTIVE

Compass Health Network

**DISCUSSION** 

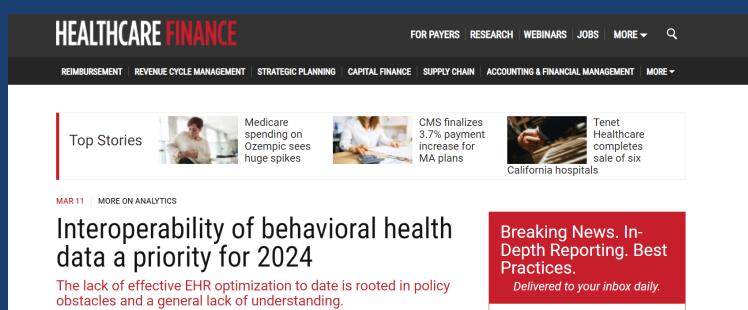
# Interoperability & Changing BH Landscape



Insufficient data exchange exists among behavioral, mental and physical healthcare providers.

Without information exchange among EHR vendors, patient information cannot be accessed by all providers – impacting the

level of care received.



# Behavioral Health & Primary Care | Impact



80% of people with a behavioral health disorder will visit a PCP at least once a year

50% of all behavioral health disorders are treated in PC

67% of people with a behavioral health disorder do not get BH treatment

30-50% of patient referrals from PC to outpatient BH do NOT make first appt

2/3rd of PCPs report not being able to access outpatient BH for patients

# Behavioral Health Integration & DRVS



1

Use the Patient
Visit Planning
Report to provide
insight at the point
of care.

2

Use custom registries (& cohorts) to identify and track key populations.

3

Track metrics
through measures
to monitor
operations &
workflows

# DRVS Measures – Core Clinical | BH



Adult Major Depressive Disorder (MDD): Suicide Risk Assessment (CMS 161v16)

Anxiety Screening for Adults with Anxiety Diagnosis

Diabetes Screening – Antipsychotics

Depression Remission at Twelve Months (CMS159v11)

Child & Adolescent Major Depressive Disorder (MDD): Suicide Risk Assessment (CMS 177v9)

Screening for Depression & Follow-Up Plan (CMS 2v12)

Depression Screen – Adolescents with Depression

Depression Screen – Adults with Depression

Depression Utilization of the PHQ-9 Tool (CMS 160v6)

Antidepressant Medication Management – Effective Acute Phase Treatment

Antidepressant Medication Management – Effective Continuation Phase Treatment

Create <u>custom scorecards</u> with any collection of measures

# DRVS Measures – Core Clinical | BH



Screening for Depression & Follow-Up Plan 12-17 yrs (CMS 2v12 Modified)

Screening for Depression & Follow-Up Plan 18+ years (CMS 2v12 Modified)

Depression Screen – Positive Result (CMS 2v12 Modified)

Depression Screen Positive w/Follow-Up (CMS 2v12 Breakout)

Screening for Depression (CMS 2v12 Modified)

Annual Anxiety Screen 8+

Metabolic Testing – Antipsychotics

# Netsmart & Azara Partnership





#### **Netsmart**

Healthcare IT company and population health management platform for health home organizations, managed care organizations (MCOs), human services and post-acute care providers



#### **Aim of Collaboration**

Advance primary care and behavioral health integration with the goal of improved care delivery and health outcomes for individuals throughout the state

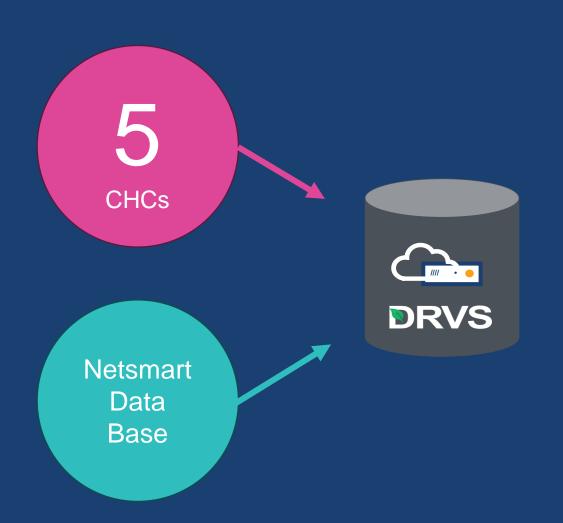


## **Data Exchange**

Data sharing for patients treated at participating Missouri Certified Community Behavioral Health Clinics (CCBHCs) who also receive services from a Missouri FQHC

# Data Sharing in Missouri





### WHAT IS "SHARED"?

### **PVP & CMP**

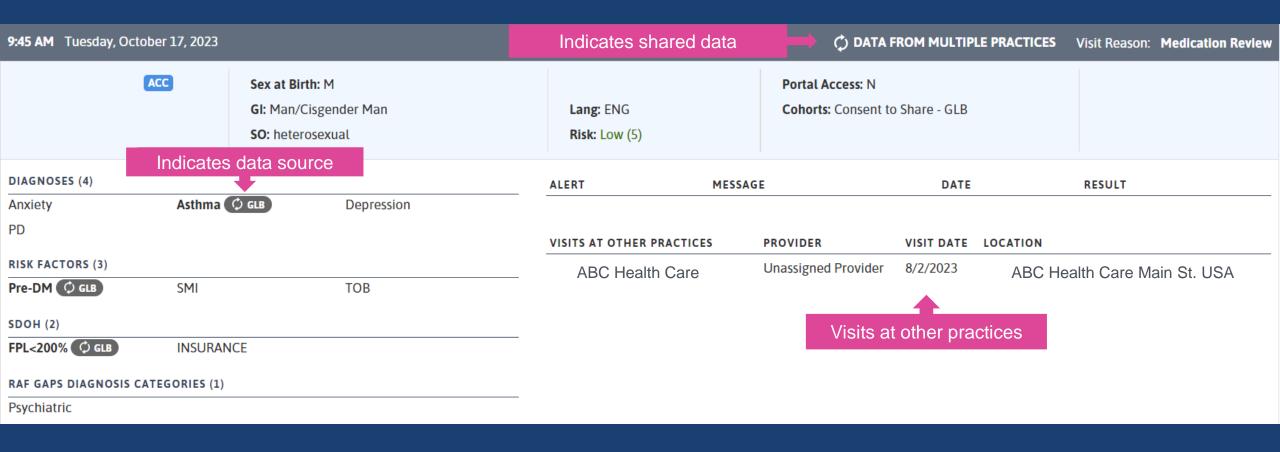
- Visits at Other practices
- SDOH
- Shared medication + diagnosis data
- Shared patient cohort

#### Future state

- Antipsychotic medications alert
- Medications
- Shared diagnosis data

# Shared Data on the PVP







# Missouri Primary Care Association





# MO-PCA Behavioral Health Integration



MPCA BEHAVIORAL HEALTH NETWORK

### Purpose:

Integration of BH services into primary care

#### Focus:



Grow BH presence in population health management



Develop workflows and strategies to improve data capture for quality reporting (SDOH, BH/SUD screenings)



Enhance data options available to BH providers (Clinical, operational, payer)



# MO-PCA Behavioral Health Integration 4 2024



BEHAVIORAL HEALTH WORKGROUP

## Purpose:

Develop collaborative BH initiatives – FQHC/CMHC/CCBHO

#### Focus:

**Improve** understanding: FQHC/CMHC/CCBHO capacities

Utilize **centralized** data analytics

- Leverage services & data
- Strengthen referral relationships
- Create symbiotic relationship of shared patients
- Integrate payer & clinical data to support VBC
- Align Value Based Contracting with overlapping quality incentives and metrics
- Establish standard set of reports and metrics to improve model of care outcomes (total cost of care, hospital utilization, med adherence, TOC)
- Develop Interagency EHR access, DRVS connectivity for CMHCs, multi-system data sharing, DRVS Payer Integration



# MO-PCA Behavioral Health Integration



NETSMART DATA INTEGRATION PROJECT: 5 FQHCS | 5 CCHBCS

Multi-phase pilot 2023-present

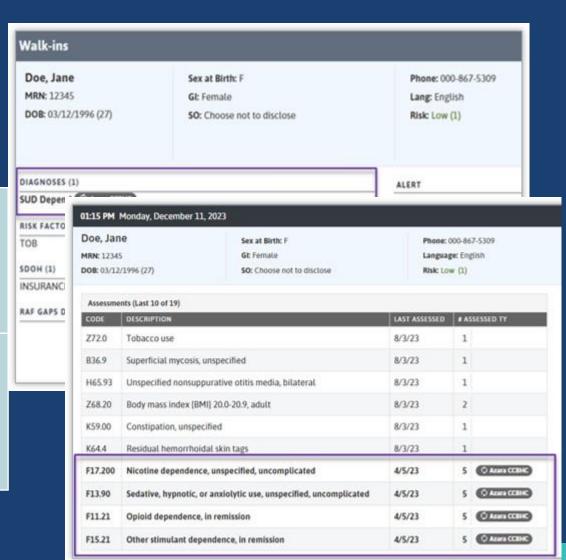
**Successes** 

Great initial interest/engage ment

Successful incorporation of all data elements (dx and assessments)

Challenges
Ongoing connectivity disruptions

Low utilization





# Netsmart & Missouri Behavioral Health Council





# SERVING OUR COMMUNITIES

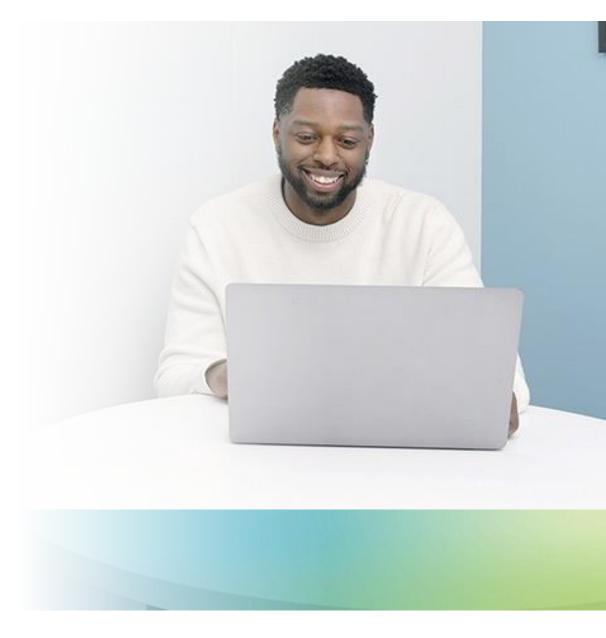
Our **2,500+** associates are motivated to equip providers for success



**754,000+** providers

Together, we have impacted over

143+ MILLION LIVES





Adult Day Care



Addiction Treatment



Livina



Assisted and Independent



Autism



Behavioral Health (Inpatient, Outpatient)



Certified Community Behavioral Health Clinic (CCBHC)



Child and Family Services



Federally Qualified Health Centers (FQHC)



Home Care



Hospice



Integrated Care

# Netsmart is driven to push towards positive change for the communities we serve



Intellectual and Developmental Disabilities



Life Plan Community (CCRC)



Long-Term Care **Practices** 



Memory Care



Therapy Practices and Rehabilitation



Palliative Care



Private Duty



Health



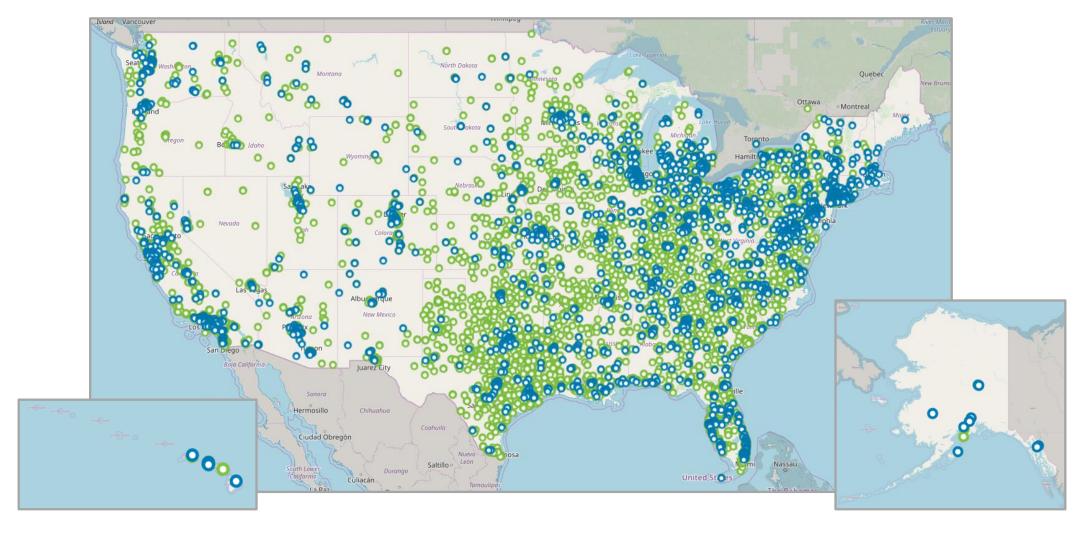
**Public** Sector



Senior Living



Nursing



Behavioral Health = 800+

Counties = 250+ Substance Abuse = 600+



## Challenges with Behavioral Health Integration

- 42cfr part 2, unique programming (domestic violence, AIDS)
   Need for filters, data sharing consents
- Federal & State mandates
   CCBHC, CMS, SAMHSA
- Access to the data
   Hospitals, claims, HIEs, EHRs, Pop Health platforms, spreadsheets
- Data Governance
   Tech is typically easier than policies around data sharing
- Real time or near real time ingest
   Can only move the needle if data is "fresh"
- Lack of standardization with certain data, even across "same" EHRs
   SDOH and other information often lives in a Bio-Psycho-Social Assessment for example
- Workforce challenges
   24/7 operations with crisis, lack of people to do the work, rural vs. urban





- » Missouri Department of Mental Health Division of Behavioral Health
- » Missouri Department of Social Services
  MO HealthNet (Medicaid) Division
- » Missouri Department of Health & Senior Services
- Missouri Behavioral Health Council
- » Missouri Primary Care Association
- » Missouri Hospital Association

Furthermore, several key themes emerged from this study that are priority issues for state chief administrators and their staff, including data governance, leading culture change, creating an agile workforce, and developing sustainable funding models for new initiatives.

The Promise of Convergence: Transforming Health Care Delivery in Missouri

> A Case Study Developed for the 2015 NASCA Institute on Management and Leadership

Denver, Colorado - October 7-9, 2015







## Missouri CCBHCs

ССВНС

Vaar 1

20 CCBHC Providers

**375** CCBHC site locations

114 counties served of 114

160,568 o

individuals served by a CCBHC in 2021

8 STATES	State Population (in millions)	CCBHC Organizations	CCBHC Service Locations	Year 1 Total to receive CCBHC services (all pay source)	Projected CCBHC Consumers who are Medicaid Recipients
MINNESOTA	5.52	6	22	17,600	15,000
MISSOURI	6.09	15	201	127,083	87,284
NEVADA	2.94	4	5	7,305	5,844
NEW JERSEY	8.94	7	20	79,782	50,882
NEW YORK	19.75	13	77	40,000	32,000
OKLAHOMA	3.92	3	19	23,076	11,077
OREGON	4.09	12	21	61,700	50,000
PENNSYLVANIA	12.80	7	7	27,800	17,800
	64.05	67	372	381,346	269,887



Arthur Center, BJC Behavioral Health, Bootheel Counseling Center, Burrell Behavioral Health, Clark Community Mental Health Center, Community Counseling Center, Compass Health Network, Family Guidance Center, FCC Behavioral Health, Hopewell Center, Mark Twain Behavioral Health, North Central MO Mental Health Center, Ozark Center, Ozarks Healthcare, Places for People, Preferred Family Healthcare, ReDiscover, Swope Health Services, Tri-County Mental Health Services, University Health Behavioral Health

# **CCBHC Outcome Measures & Value-Based Payments**

9	Clinic-Led Measures	Œ	State-Led Measures
<b>&gt;&gt;</b>	Time to Initial Evaluation	<b>&gt;&gt;</b>	Housing Status
<b>&gt;&gt;</b>	Adult BMI Screening/Follow Up	<b>&gt;&gt;</b>	Patient Experience of Care Survey (adult)
<b>&gt;&gt;</b>	Youth Weight Assessment/	<b>&gt;&gt;</b>	Youth/Family Experience of Care Survey
	Counseling	<b>&gt;&gt;&gt;</b>	Follow-up after ED visit for MI
<b>&gt;&gt;</b>	Tobacco Use Screening/Cessation	<b>&gt;&gt;</b>	Follow-up after ED visit for AOD
<b>&gt;&gt;</b>	Alcohol Use Screening/Counseling	<b>&gt;&gt;</b>	MI Hospitalization Follow-up (adult) \$
<b>&gt;&gt;</b>	<b>Youth MDD: Suicide Risk Assessment</b> \$	<b>&gt;&gt;&gt;</b>	MI Hospitalization Follow-up (youth) \$
<b>&gt;&gt;</b>	Adult MDD: Suicide Risk Assessment \$	<b>&gt;&gt;&gt;</b>	All Cause Readmission Rate
<b>&gt;&gt;</b>	Screening for Depression/Follow Up	<b>&gt;&gt;</b>	Diabetes Screening
<b>&gt;&gt;</b>	Depression Remission at 12 months	<b>&gt;&gt;</b>	Adherence to Antipsychotic Medication \$
\$	= VBP measures	<b>&gt;&gt;</b>	Follow-up for Children ADHD Medication
'	CCBHCs must meet all 9 measure	<b>&gt;&gt;&gt;</b>	Antidepressant Medication Management
	goals, statewide benchmark, and/or show improvement over previous FY	<b>&gt;&gt;</b>	Initiation/Engagement of AOD Treatment \$





# Missouri Evolution of Integrated Care & Data

25-Year Mortality Study

Nurse Care Managers

2008



+ Medicaid Claims Data (diagnosis, procedures, pharmacy) Chronic Disease Prevalence Studies

Metabolic Screening & High Cost/Risk Outreach

2010



+ Vitals, Labs, Health Risk Factors (Metabolic Screening) Section 2703, Affordable Care Act

**26** Behavioral Healthcare Homes

2012



- + Hospitalizations
- + ED Visits

Excellence in Mental Health Act

15 Certified Community
Behavioral Health
Clinics

2017



Statewide Care Management & Population Health Tool

- + Medicaid Eligibility
- + Hospital Follow Up
- + Health Risk Profile

20 CCBHCs







+ EHR Data



# Evaluation of the workflow to gather information. Conclusion: It's a hot mess – we need a one stop shop.

How can we eliminate DMH sends hospitalization report/ ED alerting Master Client Spreadsheet the silos and integrate Tracking populations our data? Access to claims data Medicaid EHR Medicaid Eligibility Health Information Exchange Access to clinical data Data Entry to generate reports Provider Electronic EHR Health Record <sup>1</sup> Population Health Management: A Receive monthly reports\* from reporting tool Reporting Tool Roadmap for Provider-Based Automation in a New Era of Healthcare.



<u>Institute for Health Technology</u> Transformation, Chase, Alide, et.al.



**CIMOR** 







## Data Needs Assessment | "Shopping List"

One Stop Shop Aggregate and display meaningful data in one system for behavioral health providers to inform their day

(claims data, hospital and ER notifications, clinical data, assessment scores, demographics)

- Access to data in near real-time (daily)
- Eliminate double entry of clinical data interoperability with EHRs
- Custom reporting from the aggregate data set at the state and provider level
- > Automated risk stratification methodology
- Display data in a meaningful way to enable population health in team workflows





## **CareManager & Population Health**



CareManager was selected as Missouri's new health technology tool for behavioral health providers to use in care management and population health.

>>> 34 providers

 $\rightarrow \rightarrow$  1,000+ end users

 $\rangle\rangle\rangle$  275,000 lives managed

CareManager combines **Medicaid claims** data + DMH **client detail + hospital** and **ER notification** + **clinical** data from providers to:

- alert the care team of ER and hospital events
- » assess populations for risk
- » monitor health outcomes
- » manage interventions to address gaps in care



#### **Health Risk Profile**

#### Demographics

NAME | Blaine L Bambooson

DCN # | 5378434

NURSE CARE MANAGER ASSIGNMENT | Cecilia Rahardjo

DATE OF BIRTH / AGE | 06/06/1981 36 years Adult

GENDER | Male

RACE | Caucasian

#### Risk Summary

Metabolic Screening Physical Health Diagnosis Medication Use ER & Hospitalizations		6.5 3 2.2 3
TOTAL RISK SCORE	MODERATE-HIGH RISK	14.7

#### **Program Enrollment**

Primary Care Health Home - enrolled 1/3/2017

Health Plan BCBS KC - enrolled 01/03/2017

#### **Category Details**

#### **Metabolic Screening**

Adult BMI 18.5 - 24.9 (Healthy Weight)	0
BP > 140/>90 mmHg (High)	1.7
No A1c or Blood Glucose, Unable to Calculate, or Opt Out in last 12 months	0.8
No LDL, Unable to Calculate, or Opt Out in last 12 months	0.8
HDL > 60 mg/dL (Normal)	0
Triglycerides 150 ? 199 mg/dL (Borderline)	0
No Total Cholesterol, Unable to Calculate, or Opt Out in last 12 months	1
Tobacco Use	2.2



Physical Health Diagnosis Thyroid Disorders (Thyroid, Acquired Hypo; Thyroid, Goiter, Nodular; Thyroid	1
Disorder, Other)	
Blood Disorders (Anemia, NOS; Anemia, Other Deficiency; Anemia, Hemolytic,	1
Hereditary; Sickle-cell Disease)	
Other Physical Health Diagnosis- Not Cancer	1
Medication Use	
Taking Aripiprazole (Abilify), Ziprasidone (Geodon), or first-generation antipsychotics	2.2
ER & Hospitalizations	
1-2 ER Visits in last 6 months	3
No Hospitalizations in last 6 months	0
TOTAL RISK SCORE MODERATE-HIGH RISK	14.7

Low Risk	< 7.5
Moderate Risk	7.5 – 11.5
Mod-High Risk	11.6 – 15
High Risk	> 15



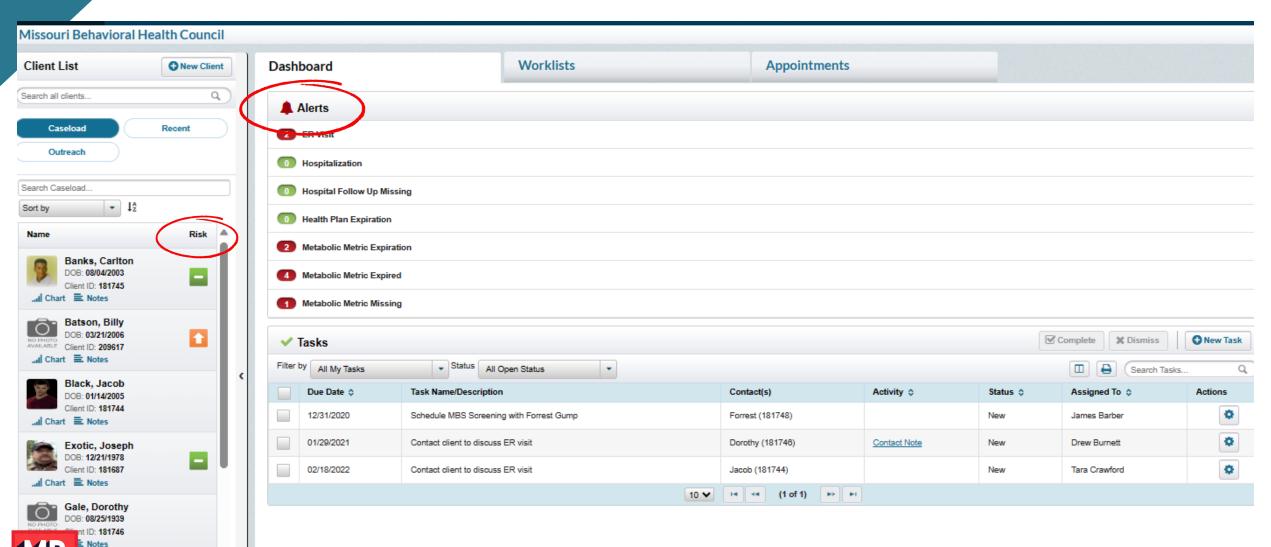


Client Profile	<ul><li>Demographics</li><li>Program Enrollment</li><li>Health Plan</li></ul>
Risk Factors	<ul> <li>Metabolic Screening Profile</li> <li>Diagnosis:         <ul> <li>Physical, Behavioral, Substance Use,</li> <li>Developmental Disability, Other Chronic Conditions</li> </ul> </li> <li>Medication Use</li> <li>ER &amp; Hospitalizations</li> <li>Housing, Employment Status</li> <li>PHQ-9, Suicide Risk</li> <li>Functional Assessment Scores</li> </ul>



#### DEMO PATIENT DATA ONLY

# CareManager



# Missouri's Health Information Landscape





34 Provider organizations

7 EHR vendors

Integration

Data

**CLIVE** 

Council Data Warehouse

Reporting

Warehouse

Ad-hoc Queries

- Metabolic screening
- Demographics
- SDoH
- · Hospital follow up
- PHQ-9
- Suicide risk assessment
- CPS status report

#### RELIAS

· Medicaid claims



#### Dept of Mental Health

- Patient census
- Program assignment
- Demographics
- Medicaid eligibility
- · Hospital and ER notifications



#### CareManager

Driving quality care in the field.

CareManager equips the Care Team on the ground to make informed, data-driven decisions with access to real-time, comprehensive health information. CareManager combines **Medicaid claims** data + DMH **client detail + hospital** and **ER notifications + clinical** data from providers to:

- Alert the Care Team of ER and hospital events
- Assess populations for risk







- Monitor health outcomes
- Identify gaps in care



# Measures Reporting & Population Health

Measuring quality real-time.

Measures Reporting is integrated within CareManager and allows providers and the state to develop and standardize measures across the system for population health management.







Population



populations can be further stratified by:

- Medicaid Coverage or MCO
- Program Enrollment
- CCBHO-specific or State Totals
- > Team Role or Staff Name

Opportunities for data sharing & collaboration



**Plans** 

















## Collaborators

# Primary Care & Behavioral Health Bi-Directional Data Sharing

Primary Care	Missouri Primary Care Association	Azara Healthcare
Behavioral Health	Missouri Behavioral Health Council	Netsmart Technologies

# Pilot Organizations

(PARTICIPATING IN THE FQHC/CCBHC INTEGRATION PARTNERSHIPS)

FQHCs	CCBHCs
Access Family Affinia Healthcare Fordland Clinic Katy Trail Swope Health Services	Clark Center BJC Behavioral Health Burrell Behavioral Health Compass Health Heartland Center



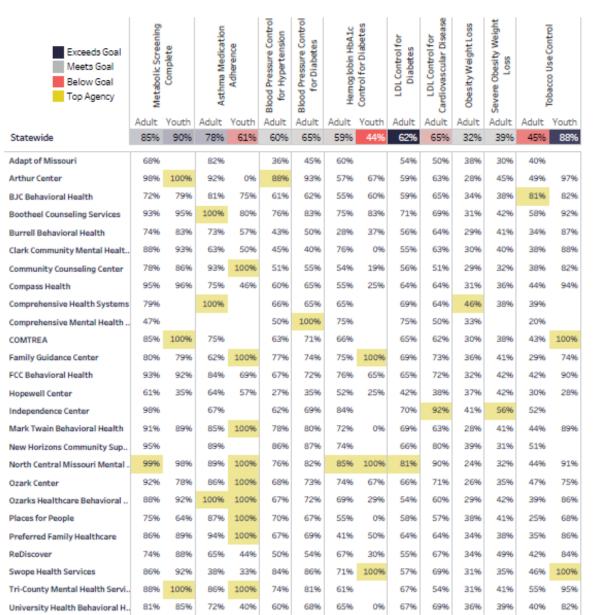
# CHIPS Report Council Health Information Program Summary

# Data Transparency



#### August 2022

#### HCH Chronic Health Condition Measures - Statewide







# Compass Health Network



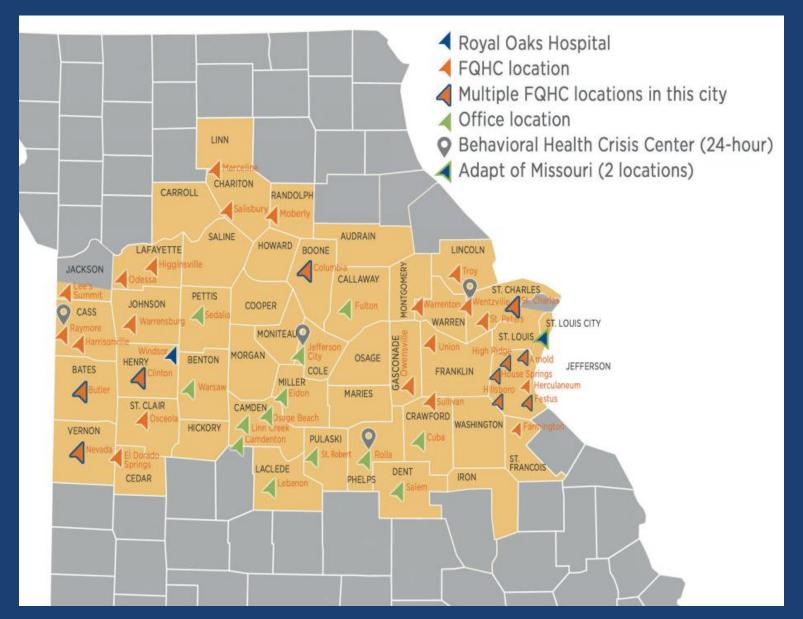
# **MISSION**

Inspire Hope.
Promote Wellness.

# **VISION**

Full, productive, healthy lives for everyone.







133,034

Customers served in multiple lines across Missouri in 2023

- \$524 Million Budget
- Over 4,900 Employees
- 90 Service Locations
- 5 FQHC Partnerships
- 121 Psychiatrists/PA/APRN
- 51 Primary Care Physicians/APRN
- 903 Community Support Specialists
- 75 Dentists
- 493 Therapists and Psychologists



### Integration Report



### CQM performance for integrated patients vs non-integrated

- Report build (EHR team)
  - SQL report; all EHR's / service lines
- Output
  - Breakout / %
- QA utilizes raw report and DRVS for further analysis
  - Cohorts static
  - Priority Metric scorecard comparison

#### Client Count (Mar 23 to Feb 24): 137088

Group Type	Distinct Clients	Percent
BH Only	57279	41.78
DNT Only	29690	21.66
PC Only	27680	20.19
PC/DNT	7929	5.78
PC/BH	6536	4.77
DNT/BH	4909	3.58
PC/DNT/BH	3064	2.24

### DRVS Cohorts / Outcome



### Consistently see **better** outcomes for integrated patients

	PC Pts	PC+DNT+BH PTS	PC+DNT PTS	PC+BH PTS
Measure	Result	Result	Result	Result
Childhood Immunization Status	24.2%	0.0%	37.0%	0.0%
Cervical Cancer Screening	45.7%	57.9%	53.5%	47.5%
Child Wt Screening/BMI/Nutr /Phys Act Counseling	74.3%	81.6%	77.1%	78.0%
BMI Screening and Follow-Up 18+ Years	83.7%	89.7%	83.5%	87.0%
Tobacco Use: Screening and Cessation	88.4%	87.3%	91.2%	86.6%
Use of Appropriate Medications for Asthma	92.6%	94.3%	96.3%	92.6%
Statin Therapy CVD	74.7%	76.9%	76.6%	79.3%
IVD Aspirin Use	82.2%	83.3%	100.0%	85.7%
Colorectal Cancer Screening	48.0%	63.3%	46.7%	53.0%
Screening for Depression and Follow-Up Plan	85.3%	71.4%	91.0%	74.5%
Hypertension Controlling High Blood Pressure	73.5%	82.5%	71.4%	74.3%
Diabetes A1c > 9 or Untested	32.9%	33.6%	29.2%	30.2%

OVERALL UDS		COMBINED			
SCORECARD FOR ALL		INTEGRATED			
PRIM	ARY CA	RE	PA	TIENTS	3
Result	Nume	Denon	Result	Nume	Denon
24.2%	31	128	35.7%	10	28
45.7%	1380	3020	51.7%	788	1525
74.3%	1803	2426	78.4%	1039	1326
83.7%	6037	7211	86.8%	2916	3359
88.4%	4142	4686	87.9%	2078	2364
92.6%	174	188	94.0%	109	116
74.7%	925	1238	78.2%	426	545
82.2%	185	225	88.1%	74	84
48.0%	1266	2635	53.6%	593	1107
85.3%	5781	6781	79.4%	2267	2855
0.0%	0	21	0.0%	0	12
73.5%	1031	1403	75.7%	504	666
32.9%	334	1016	30.9%	146	473

### BHC Impact on UDS Measures



BHC encounters report

Utilize DRVS to compare outcomes with & without BHC

Consistently better outcomes for those utilizing BHCs

Screening for Depression and Follow-up rate lower?

**Next Steps** 

Priority Measures-Calendar Year 2023	Target	Result With BHC	Result Without BHC
Breast Cancer Screening Ages 50-74	45.0%	53.9%	50.8%
Cervical Cancer Screening	55.0%	64.1%	58.7%
Colorectal Cancer Screening	48.0%	50.2%	47.9%
Screening for Depression and Follow-Up Plan	75.0%	75.7%	80.0%
Depression Remission at Twelve Months	18.2%	13.5%	14.9%
Chlamydia Screening for Women	58.0%	74.5%	72.5%
Hepatitis C Lifetime Screening	45.0%	63.3%	54.9%
HIV Screening	40.0%	65.5%	59.1%
Asthma Self-Management Plan	10.0%	44.6%	43.1%
Diabetes A1c > 9 or Untested	15.0%	20.5%	20.5%
Diabetes BP < 140/90	68.0%	82.2%	81.9%
Diabetes: Eye Exam	58.0%	63.3%	52.8%
Hypertension Controlling High Blood Pressure	80.0%	76.3%	76.6%
IVD Aspirin Use	85.0%	87.6%	84.0%
Statin Therapy for the Prevention and Treatment of CVD	80.0%	87.8%	85.1%
Lead Screening	68.0%	82.6%	75.0%
Adolescent Immunizations	30.0%	36.4%	24.4%
Childhood Immunization Status	33.0%	32.6%	20.4%
Well-Child Care Visits (15-30 months)	50.0%	60.4%	43.6%
Well-Child Care Visits (3-21 Yrs)	60.0%	74.6%	72.7%

#### % Measures Met with BHC

Primary Target	80.00%
Secondary Target	15.00%
Not Met	5.00%

#### % Measures Met without BHC

Primary Target	55.00%
Secondary Target	20.00%
Not Met	25.00%

### CCBHC & UDS Quality Measures



#### Challenges



### Variance between required CCBHC & UDS Quality Measures

 Ex – Depression Remission at 12 Months

#### Different reporting periods

Fiscal year vs Calendar year

#### **Opportunities**



Multiple EHRs have required creative reporting solutions for monitoring

• Streamline with DRVS integration

Improve care coordination between service lines/providers

 PC care coordinators will work directly with BH clients

### Next Steps | Compass Health Network





1. Integrate current behavioral health EHR (Netsmart myAvatar) and 2 legacy EHRs into DRVS



2. Use DRVS to monitor all UDS measures and serve as source of truth across all service lines (currently in initial connectivity/mapping)



3. Implement **updated workflows** for capturing all applicable UDS measures in Behavioral Health & Dental EHRs

# DRVS Tools to Support Behavioral Health



### Behavioral Health Integration & DRVS



1

Use the Patient
Visit Planning
Report to provide
insight at the point
of care.

2

Use custom registries (& cohorts) to identify and track key populations.

3

Track metrics
through measures
to monitor
operations &
workflows

### 1 Alerts | Depression



Alert	Description
Depression Remission	Alert will trigger if patient has a diagnosis of depression or dysthymia and has not had a follow-up PHQ9, or has had a follow-up PHQ9 >=5. Alert will begin firing 1 month before the follow-up period starts (i.e., 9 mo. After the initial screen), and will be capped by 12 months after the follow-up period closes (i.e., 26 mo. After initial screen). This alert is not configurable.
Depression Screen with Diagnosis	Alert will trigger if Depression Screen has not occurred in the last 1 year. Alert only applies to patients >12 yrs old. Patients must have active diagnosis of Depression. This alert is not configurable.
Depression Screening	Alert will trigger if Depression Screen Result has not occurred in the last 1 years. Alert only applies to patients >=12 yrs old. Patient must not have Depression Screen Refused or Depression Screen Contraindicated or Depression or Bipolar Dx.
Depression Screening Follow-up	Alert will trigger if patient had positive depression screen results AND had a qualifying encounter on the same day of or within 14 days after the positive screening, AND had no depression follow-up performed on the same day of the encounter. Patient must not have Depression/Bipolar. This alert is not configurable

### 1 Alerts | PHQ9



Alert	Description
PHQ-9 Follow-Up	Alert will trigger if a patient PHQ-9 screen is >=10 and there is no follow-up on the same day as the positive screening. Patient must not have Depression/Bipolar. This alert is not configurable.
PHQ-9 Screen	Alert will trigger if PHQ-9 Depression Screen has not occurred in the last 1 years. Alert only applies to patients >=12 yrs old. Patient must not have Depression or Bipolar Dx.
PHQ-9 Utilization	Alert will trigger if a patient has a diagnosis of depression or dysthymia and has not completed a PHQ9 during each applicable 3-month period in which there was a qualifying visit. This alert is not configurable.
Positive PHQ-9 Follow-Up	Alert will trigger for patients age >=18 with a diagnosis of depression whose last PHQ9 was positive and was over 90 days to 1 year old, but has not had a recurrent PHQ9 to follow up. This alert is not configurable.

### 1 Alerts | Behavioral Health



Alert	Description
Diabetes Screen – Antipsychotics	Alert will trigger if A1C has not occurred in the last 1 years. Patient must have Antipsychotic Medications. Patient must not have Palliative Care or hospice care.
Metabolic Monitoring – Antipsychotics	Alert will trigger for patients prescribed an antipsychotic medication in the last year who have not had metabolic testing (CMP, TSH, CBC w/dif AND LDL) within the last 12 months. This alert is not configurable.
Anxiety Screen	Alert will trigger if Anxiety Screen has not occurred in the last 1 years. Alert only applies to patients >=18 yrs old. Patient must not have Anxiety,
Anxiety Screen with Diagnosis	Alert will trigger if GAD-7 Score has not occurred in the last 1 years. Alert only applies to patients >=16 yrs old. Patient must have Anxiety.

### 1 Alerts | Suicide Assessments



Alert	Description
MDD Suicide Risk Assessment	Alert will trigger if Suicide Risk Assessment has not occurred in the last 0 days. Alert only applies to patients >=6 yrs old and <=17 yrs old. Patient must have Major Depressive Disorder.
Suicide Risk Assessment Ages 10-17	Alert will trigger if Suicide Risk Assessment has not occurred in the last 6 months. Alert only applies to patients >=10 yrs old and <=17 yrs old. Patient must have Suicide Risk Assessment.
Suicide Risk Assessment Ages 18+	Alert will trigger if Suicide Risk Assessment has not occurred in the last 1 years. Alert only applies to patients >=18 yrs old. Patient must have Suicide Risk Assessment.

### RDEs | Behavioral Health



#### **ADHD**

- ADHD Diagnosis
- ADHD Medications
- ADHD Self Management
- Vanderbilt ADHD Assessment

#### **Anxiety**

- Anxiety
- Anxiety Disorders
- Anxiety Screen
- GAD-2
- GAD-7

#### **Bipolar**

- Bipolar Diagnosis
- Bipolar Disorder

#### **CAT-MH**

- CAT-MH ANX Severity
- CAT-MH DEP Severity
- CAT-MH MHM Severity
- CAT-MH PTSD Severity

- CAT-MH SS Severity
- CAT-MH SU Severity

#### **Depression**

- Beck Depression Inventory (BDI-II)
- Beck Depression Inventory Fast Screen (BDI-FS)
- Clinically Useful Depression Outcome Scale (CUDOS)
- Depression Assessment PHQ-9 >9
- Depression Diagnosis
- Depression Follow-Up
- Depression Follow-Up Assessment Period CY
- Depression Follow-Up Assessment Period for PHQ-9 >9
- Depression Screen Primary Care
- Depression Screen Refused
- Depression Screening
- Depression Self Management
- Depression/Bipolar



### RDEs | Behavioral Health



#### **Geriatrics**

- Geriatric Depression Scale Long Form
- Geriatric Depression Scale Short Form
- Geriatric Depression Screen

#### **Major Depressive Disorder in Remission**

#### **Medication**

- Antidepressant Medication
- Antipsychotic Medications

#### **Operational**

- Next Behavioral Health Appointment
- Collaborative Care Next Due
- Collaborative Care Referral
- Behavioral Health Assessment
- Behavioral Health Assessment Next Due
- Behavioral Health Encounter
- BH Counselor
- BH Interaction

#### **Pediatric**

- CES-DC
- Child Adolescent Psychiatry Screen
- SED
- Vanderbilt ADHD Assessment

#### **PHQ**

- PHQ-2 Depression Screen
- PHQ-9 Depression Screen
- PHQ-2 Question 9
- PHQ-9 Utilization Q1, Q2, Q3, Q4

#### **Postpartum Depression**

#### **PSC**

- PSC-17 Internalizing
- PSC-17 Total

#### **Psychosocial Assessment**



### 2 RDEs | Behavioral Health



#### **Psychosocial Assessment PTSD**

- PTSD
- PTSD Checklist for DSM-5
- PTSD Primary Care Screen for DSM-5
- PTSD Screen
- PTSD Severity Short Scale

**SAD (Seasonal Affective Disorder) Schizophrenia** 

#### **Stress**

- Stress
- Stress Disorder
- Stress ICD-10

#### Suicide

- Suicidality
- Suicide Attempt Self Harm
- Suicide Risk Assessment
- Columbia Suicide Severity Score

### Measures – Core Clinical | BH



Adult Major Depressive Disorder (MDD): Suicide Risk Assessment (CMS 161v16)

Anxiety Screening for Adults with Anxiety Diagnosis

Diabetes Screening – Antipsychotics

Depression Remission at Twelve Months (CMS159v11)

Child & Adolescent Major Depressive Disorder (MDD): Suicide Risk Assessment (CMS 177v9)

Screening for Depression & Follow-Up Plan (CMS 2v12)

Depression Screen – Adolescents with Depression

Depression Screen – Adults with Depression

Depression Utilization of the PHQ-9 Tool (CMS 160v6)

Antidepressant Medication Management – Effective Acute Phase Treatment

Antidepressant Medication Management – Effective Continuation Phase Treatment

Create <u>custom scorecards</u> with any collection of measures

### Measures – Core Clinical | BH



Screening for Depression & Follow-Up Plan 12-17 yrs (CMS 2v12 Modified)

Screening for Depression & Follow-Up Plan 18+ years (CMS 2v12 Modified)

Depression Screen – Positive Result (CMS 2v12 Modified)

Depression Screen Positive w/Follow-Up (CMS 2v12 Breakout)

Screening for Depression (CMS 2v12 Modified)

Annual Anxiety Screen 8+

Metabolic Testing – Antipsychotics

### Questions?







### Achieve, Celebrate, Engage!

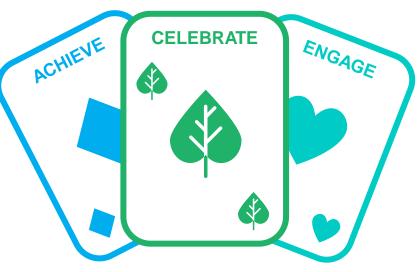
#### ACE'd it? Share your DRVS success story and become an Azara ACE!

Show your organization has used DRVS to Achieve measurable results, Celebrate improvement in patient health outcomes, and effectively Engage care teams and/or patients. Stories should showcase how DRVS helped your organization overcome a challenge, the tools and solutions used to drive improvement and details of the successes that resulted from your initiatives. ACEs should be able to provide examples that quantify quality improvement, cost savings, operational efficiency or patient health improvement.

#### **Benefits:**

- Azara will help tell your story and provide a client-branded version for your use
- Potential to create a 2-4 minute video or hour-long Azara-hosted webinar
- Win Azara swag!





Submit your success story by completing the form at this link or scan our QR code:

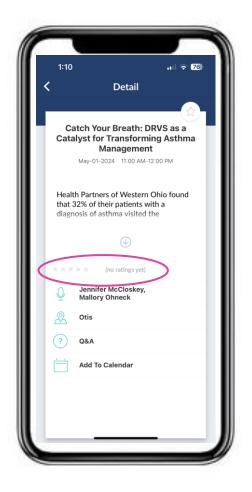
See this year's ACE posters in the Ballroom Foyer!



### We Want to Hear From You!

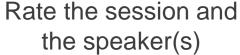


Click on the session from your agenda in the conference app. Click the stars in the center of your screen to rate and provide feedback.















### Thanks for attending!







### **Entity Overview**









- The "backbone" on which DRVS was created
- Primary Care focused
- Reporting is required (UDS)
- An FQ can also be a CCBHC, a CMHC, or Both
- An FQ can be engaged in a VBC contract with a Payer for Behavioral Health

- Required to provide or collaborate with Primary Care Services (i.e. an FQ)
- Serves anyone walking in the door
- Reporting is required

- Not required to provide or collab with Primary Care Services
- Reporting is not required
- Centers select measures & submit Quality Improvement plan to CMS (CMS does not check performance metrics)

### CCBHCs & FQHCs | Services



#### **CCBHC**

- Ensure access to integrated, MH and SUD services, including 24/7 crisis response & MAT
- Meet stringent criteria
- Receive funding to support real costs of expanding services to fully meet need for care in communities

#### **FQHC**

- Community-based and patient centered organizations that deliver comprehensive primary care services
- Integrate w/ pharmacy, MH, SUD, oral health services
- Provides services regardless of ability to pay
- Meet clinical, administrative and financial requirements (HRSA)

### Challenges of CMHC & CCBHCS





Located in medical shortage areas w/ limited access to comprehensive PC



Hard time supporting high risk individuals with comorbid conditions as struggle with providing comprehensive care



Coordination of care across organizations varies in models and capabilities



Barriers to sustainability due to fragmentation: data, quality measures, reimbursement

## Benefits of Being an FQHC as a CCBHC or CMH



Population
Health
Management:

Provide comprehensive integrated care for those most in need

Improved whole-person care:

Ability to better address Social Drivers Of Health (SDOH) through warp around services Billing & Financing:

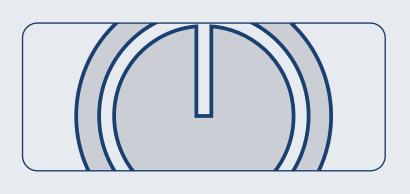
Increased flexibility and ability to bill for primary care

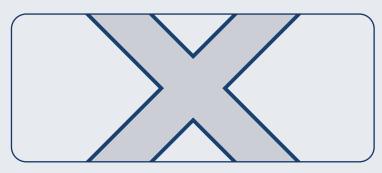
Competitive edge for CCBHCs:

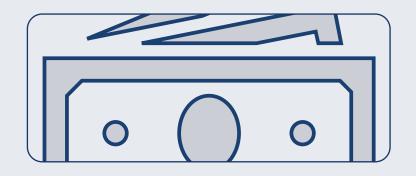
Taking advantage of HEDIS measures and credit for quality care

# Interoperability Benefits Integrated Care









Improved and timely access to information allows for quicker and more informed treatment decision making

Less likely to make errors in treatment planning, medication management, care coordination More opportunities for cost-reduction through efficient workflows